

Ante-Natal Group

SESSION TIMETABLE



Our **Ante-Natal** sessions will be running several courses during **2017**. Courses run in **four week blocks**. The centres taking part are listed below, and a comprehensive list of session dates can be found on the other side of this flyer. The sessions cover many topics, ranging from **nappy changing** and **infant feeding**, to **nutrition** and **bonding**. Each session covers different topics.

For further information, please telephone the centre you would like to attend, or pop along to the centre to find out more. For addresses, please see overleaf or visit <http://childrenscentres.dudley.gov.uk>.



COSELEY FAMILY CENTRE

Contact number: **01384 813096**

STOURBRIDGE FAMILY CENTRE

Contact number: **01384 818780**

KATE'S HILL FAMILY CENTRE

Contact number: **01384 812440**

BUTTERFLY FAMILY CENTRE

Contact number: **01384 813954**

BRIERLEY HILL FAMILY CENTRE

Contact number: **01384 813322**

Please note that booking is required on all courses. Please call the centre you would like to attend.

TOPICS COVERED:

Infant Feeding ♥ Safe Sleep ♥ Nutrition ♥ Smoke Free Homes ♥ Safety ♥ Topping and Tailing ♥ Bathing your Baby ♥ Nappy Changing ♥ Parental Responsibility ♥ Registering the Birth ♥ What to Take to Hospital ♥ Bonding ♥ Attachment ♥ Bump and Beyond ♥ BookStart ♥ Learning Through Play

Course Timetable

JANUARY-MARCH 2017

STARTS 10th JANUARY 2017 ♥ FOUR WEEK COURSE

Kate's Hill Family Centre
Selborne Road, Dudley, DY2 8LJ

Tuesdays 6.00pm – 8.00pm
10th January, 17th January, 24th January, 31st January

To book, please contact the centre on 01384 812440

STARTS 11th JANUARY 2017 ♥ FOUR WEEK COURSE

Butterfly Family Centre
Lye Bypass, Lye, DY9 8HT

Wednesdays 4.00pm – 6.00pm
11th January, 18th January, 25th January, 1st February

To book, please contact the centre on 01384 813954

STARTS 8th FEBRUARY 2017 ♥ FOUR WEEK COURSE

Coseley Family Centre
Bayer Street, Bilston, WV14 9DS

Wednesdays 6.00pm – 8.00pm
8th February, 15th February, 22nd February, 1st March

To book, please contact the centre on 01384 813096

STARTS 7th MARCH 2017 ♥ FOUR WEEK COURSE

Stourbridge Family Centre
Forge Road, Stourbridge, DY8 1XF

Tuesdays 4.00pm – 6.00pm
7th March, 14th March, 21st March, 28th March

To book, please contact the centre on 01384 818780

STARTS 9th MARCH 2017 ♥ FOUR WEEK COURSE

Brierley Hill Family Centre
18 Parkes Street, Brierley Hill, DY5 3DY

Tuesdays 6.00pm – 8.00pm
9th March, 16th March, 23rd March, 30th March

To book, please contact the centre on 01384 813322